

# September 2023

## Rolla USD #217 Food Service

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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		<div style="text-align: center; font-size: 0.8em; color: #800000;">Aug 2023</div> <table style="width: 100%; border-collapse: collapse; font-size: 0.7em; color: #800000;"> <tr><td style="border: 1px solid black;">S</td><td style="border: 1px solid black;">M</td><td style="border: 1px solid black;">T</td><td style="border: 1px solid black;">W</td><td style="border: 1px solid black;">T</td><td style="border: 1px solid black;">F</td><td style="border: 1px solid black;">S</td></tr> <tr><td></td><td style="text-align: center;">1</td><td style="text-align: center;">2</td><td style="text-align: center;">3</td><td style="text-align: center;">4</td><td style="text-align: center;">5</td><td></td></tr> <tr><td style="text-align: center;">6</td><td style="text-align: center;">7</td><td style="text-align: center;">8</td><td style="text-align: center;">9</td><td style="text-align: center;">10</td><td style="text-align: center;">11</td><td style="text-align: center;">12</td></tr> <tr><td style="text-align: center;">13</td><td style="text-align: center;">14</td><td style="text-align: center;">15</td><td style="text-align: center;">16</td><td style="text-align: center;">17</td><td style="text-align: center;">18</td><td style="text-align: center;">19</td></tr> <tr><td style="text-align: center;">20</td><td style="text-align: center;">21</td><td style="text-align: center;">22</td><td style="text-align: center;">23</td><td style="text-align: center;">24</td><td style="text-align: center;">25</td><td style="text-align: center;">26</td></tr> <tr><td style="text-align: center;">27</td><td style="text-align: center;">28</td><td style="text-align: center;">29</td><td style="text-align: center;">30</td><td style="text-align: center;">31</td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<div style="text-align: center; font-size: 0.8em; color: #800000;">Oct 2023</div> <table style="width: 100%; border-collapse: collapse; font-size: 0.7em; color: #800000;"> <tr><td style="border: 1px solid black;">S</td><td style="border: 1px solid black;">M</td><td style="border: 1px solid black;">T</td><td style="border: 1px solid black;">W</td><td style="border: 1px solid black;">T</td><td style="border: 1px solid black;">F</td><td style="border: 1px solid black;">S</td></tr> <tr><td style="text-align: center;">1</td><td style="text-align: center;">2</td><td style="text-align: center;">3</td><td style="text-align: center;">4</td><td style="text-align: center;">5</td><td style="text-align: center;">6</td><td style="text-align: center;">7</td></tr> <tr><td style="text-align: center;">8</td><td style="text-align: center;">9</td><td style="text-align: center;">10</td><td style="text-align: center;">11</td><td style="text-align: center;">12</td><td style="text-align: center;">13</td><td style="text-align: center;">14</td></tr> <tr><td style="text-align: center;">15</td><td style="text-align: center;">16</td><td style="text-align: center;">17</td><td style="text-align: center;">18</td><td style="text-align: center;">19</td><td style="text-align: center;">20</td><td style="text-align: center;">21</td></tr> <tr><td style="text-align: center;">22</td><td style="text-align: center;">23</td><td style="text-align: center;">24</td><td style="text-align: center;">25</td><td style="text-align: center;">26</td><td style="text-align: center;">27</td><td style="text-align: center;">28</td></tr> <tr><td style="text-align: center;">29</td><td style="text-align: center;">30</td><td style="text-align: center;">31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
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		B. Mini Waffles, Tropical Fruit  L. Salisbury Steak, Mashed Potatoes, Brown Gravy, Roll, Tossed Salad, Apple	B. Cereal, Cinnamon Roll, Apple  L. Chicken Fryz, Baked Beans, Roll, Coleslaw, Fresh Baby Carrots, Pineapple	B. Breakfast Pizza, Pineapple  L. Frito Pie, Seasoned Peas, Cherry Tomatoes, Sliced Cucumbers, Fresh Oranges	B. Cereal, Breakfast Bar, Fresh Oranges  L. Cheese Pizza, Corn, Fresh Broccoli Florets, Fresh Baby Carrots, Rosy Applesauce																																																																																					
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	B. Biscuit & Gravy, Rosy Applesauce  L. Pork Rib on a Bun, Sweet Potato Puffs, Leaf Lettuce, Cherry Tomatoes, Strawberries	B. Cereal, Banana Bread, Strawberries  L. Taco Soup, Tortilla Chips, Fresh Broccoli Florets, Watermelon	B. Chicken & Cheese Biscuit, Watermelon  L. Corndog, Tater Tots, Green Beans, Snickerdoodle, Grapes	B. Pancake & Sausage on a Stick, Grapes  L. Cowboy Cavatini, Corn, Roll, Garden Salad, Grapes																																																																																						
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	B. French Toast Sticks, Grapes  L. Macaroni & Cheese, Meatballs, Green Beans, Roll, Fresh Baby Carrots, Cantaloupe	B. Bagel, Cantaloupe  L. Chili, Tortilla Chips, Cinnamon Roll, Red Bell Peppers Strips, Sliced Cucumber, Peaches	B. Breakfast Burrito, Peaches  L. Chicken Nuggets, Mashed Potatoes, Gravy, Roll, Tossed Salad, Banana	B. Breakfast Pizza, Banana  L. Hamburger on a Bun, Baked Beans, Sweet Potato Firs, Leaf Lettuce, Sliced Tomatoes, Mandarin Oranges																																																																																						
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	B. Biscuit & Gravy, Mandarin Oranges  L. Chicken Patty, Mashed Potatoes, Gravy, Green Beans, Roll, Honeydew	B. Cereal, Breakfast Tomato, Honeydew  L. Pepperoni Pizza, Corn, Strawberry Spinach Salad, Chocolate Chip Cookie, Fresh Broccoli Florets, Cherry Tomatoes, Pears	B. Sausage & Cheese Biscuit, Pears  L. Lasagna, Garlic Bread, Garden Salad, Fresh Baby Carrots, Apple	B. Pancake & Sausage on a Stick, Apple  L. Hot Ham & Cheese on as Bun, Potato Wedges, Baked Beans, Red Bell Pepper Strips, Tropical Fruit	B. Breakfast Bar, Tropical Fruit  L. Soft Taco, Refried Beans, Tortilla Chips, Lettuce, Tomatoes, Kiwi																																																																																					

Fruit and Milk Choice offered with each Meal. This institution is an equal opportunity provider.